



Hamilton Lodge of the Theosophical Society

May 2006

Greetings, members and friends,

Early April gave us two most interesting and productive meetings, one with the Dalai Lama's beautiful message, the other with a very theosophical address by Julia Vazey urging us to "stay in touch with the universe" and emphasising that our souls are glorious if not always our bodies! The final two Sundays were and are devoted to the first two presentations in our *Introduction to Theosophy* course.

We've had quite a good take of new and very delightful people, and we trust that the four remaining sessions will be stimulating for course participants and established members alike.

May Programme

7 May AN INTRODUCTION TO THEOSOPHY - Third Session

Title: ***Meditation and Yoga***. Presenter: **Charles Sitwell**

This is an overview of the 7 traditional Paths or Schools of Yoga and ways in which some of these can be used in the practice of meditation.

14 May AN INTRODUCTION TO THEOSOPHY - Fourth Session

Title: ***Comparative Religion and the Ageless Wisdom***. Presenter: **Charles Sitwell**

The different types of religions are considered with their synthesis in the Ageless Wisdom which, while not a religion, includes elements of all of them. This will be a PowerPoint presentation.

21 May AN INTRODUCTION TO THEOSOPHY - Fifth Session

Title: ***Theosophy and the Healing Arts***. Presenter: **Murray Stentiford** (Auckland)

Among other topics, Murray will discuss the body-mind-spirit complex within the One Universal Life, holistic health, getting free of past limiting patterns, accessing healing energy with Love and Will, and the role of awareness and self-acceptance. Murray is a scientist, engineer and musician, loves working with people integrating and illuminating body, mind, emotions and spirit. He is a master of getting people involved in subjects he presents.

28 May AN INTRODUCTION TO THEOSOPHY - Sixth (and final) Session

Title: ***Karma, Laws of Science and the Powers Latent in us all***. Presenter: **Brian Stokes**

Karma is a basic law of the universe; like gravity we cannot ignore it, but can navigate through it. Some other universal laws of science remain hidden, and tease us into thinking we understand them - then remove the carpet! However, we too are more powerful than we know, and we can look forward to ever greater enlightenment.

Regional Week-end: 26 - 28 May

The notice appeared in our April newsletter. Brian has full details of what looks to be a most exciting week-end . John Vorstermans (National President) will lead an exploration into Wisdom, Meditation and Theosophy in our everyday lives -- a great chance to meet other theosophists from our Northern Region.

The Invisible Nuclear War

For those of you who are interested, Robert Anderson (author of *The Ultimate War Crime*) will speak, courtesy of the Quakers, about the use of radioactive weapons in Iraq and its appalling legacy. Monday 8th May, 7.30 pm at the Lady Goodfellow Chapel, Gate 1, University of Waikato (gold coin donation).

A Latin Square

The picture at the beginning (right side) of this newsletter is called a Latin Square. Note that each shape appears exactly once in each row, column and main diagonal. If you could give each of the shapes four different shadings and were able to make the shadings form a Latin square also, you would have a **double** Latin square. Can you? (These are actually used in horticultural research.)

To accuse others for one's misfortunes is a sign of want of education; to accuse oneself shows that one's education has begun.. To accuse neither oneself nor others shows ones education is complete. Epictetus (50-120) Philosopher
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With kind regards from Brian, Charles, Christine, David, Fiona, John, Leo, Tony and Vicki.

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The Lodge meets on Sundays at 7.30 pm. A light supper is provided.



